



The Lemont Park District CORE Open Swim Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 - 6:00 AM	LAP SWIM						
6:00 - 7:00 AM	LAP SWIM						
7:00 - 8:00 AM	LAP SWIM	WATER AEROBICS	LAP SWIM	WATER AEROBICS	LAP SWIM		
8:00 - 9:00 AM	LAP SWIM						
9:00 - 10:00 AM	PARENT TOT				LAP SWIM	SWIM LESSONS	LAP SWIM
10:00 - 11:00 AM	LAP SWIM				LAP SWIM	STROKE CLINIC	
11:00 - Noon	WATER AEROBICS	AQUA EASE	WATER AEROBICS	AQUA EASE	LAP SWIM	STROKE CLINIC	
Noon - 1:00 PM	LAP SWIM					OPEN SWIM	
1:00 - 2:00 PM							
2:00 - 3:00 PM							
3:00 - 4:00 PM							
4:00 - 5:00 PM	AQUA EASE	WATER AEROBICS	AQUA EASE	WATER AEROBICS	LAP SWIM		
5:00 - 6:00 PM	LAP SWIM				OPEN SWIM	LAP SWIM	
					FAMILY NIGHT	RENTAL AVAILABLE	
6:00 - 7:00 PM	SWIM LESSONS				OPEN SWIM	LAP SWIM	
					FAMILY NIGHT	RENTAL AVAILABLE	
7:00 - 8:00 PM	SWIM LESSONS				OPEN SWIM	LAP SWIM	
					FAMILY NIGHT	RENTAL AVAILABLE	
8:00 - 9:00 PM	LAP SWIM				OPEN SWIM	LAP SWIM	
	OPEN SWIM				FAMILY NIGHT		
9:00 - 10:00 PM	LAP SWIM						

LAP SWIM - There will be at least 2 lanes available for use during scheduled LAP SWIM times

Please Note - This Schedule will change for a PE course on January 18, 25, 26, and 29.